

## Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
1.	117	Matthew Costello	1st	M Sen	1st	Shrewsbury AC	33:30	33:30
2.	232	Jim Hickinbottom	2nd	M Sen	2nd	Shrewsbury AC	33:54	33:56
3.	334	Connor Middleton	3rd	M Sen	3rd	Shrewsbury AC	34:42	34:44
4.	16	Eric APPERLEY	4th	M Sen	4th	Croft ambery rc	35:26	35:28
5.	404	Adrian Puchala	5th	M Sen	5th		35:27	35:30
6.	485	Nick Bradley	6th	M Sen	6th		36:23	36:26
7.	407	Jez Redler	7th	M Sen	7th	New2Tri	36:52	36:55
8.	454	Courtney Smyth	8th	M45-49	1st	Telford ac	37:09	37:11
9.	386	Tomasz Pokorniecki	9th	M Sen	8th	Husaria race team	37:13	37:18
10.	10	Allan Williams	10th	M Sen	9th		38:21	38:24
11.	194	Ben Goh	11th	M40-44	1st		38:39	38:46
12.	625	Darren Hands	12th	M55-59	1st	Tipton Harriers	38:45	38:48
13.	464	Ben Stokes	13th	M55-59	2nd	Birmingham Running and Triathlon	38:45	38:49
14.	359	ROB NORMAN	14th	M45-49	2nd		38:56	39:00
15.	233	Ian Higgins	15th	M Sen	10th	Telford Harriers	39:09	39:13
16.	614	Dominic Farley	16th	M Sen	11th	Telford AC	39:14	39:18
17.	373	Clint Hall	17th	M40-44	2nd		39:57	40:02
18.	146	Stewart Dunigan	18th	M Sen	12th		40:22	40:27
19.	192	David Gibson	19th	M50-54	1st		40:29	40:33
20.	566	Chris Wong	20th	M Sen	13th	Birchfield Harriers	40:33	40:40
21.	64	John Bradshaw	21st	M40-44	3rd		40:39	40:45
22.	635	Mark Lear	22nd	M Sen	14th	Telford Harriers	40:55	41:00
23.	119	Paul Coupe	23rd	M55-59	3rd	Telford AC	41:02	41:06
24.	494	Gary McFall	24th	M Sen	15th		41:06	41:08
25.	634	Lewis Lafferty	25th	M Sen	16th		41:05	41:11
26.	531	Paul Waters	26th	M50-54	2nd	Newport Scrambled Legs	41:09	41:13
27.	602	Robert Baker	27th	M40-44	4th	nantwich running club	41:35	41:50
28.	508	Brady Watkinson	28th	M Sen	17th		41:43	41:53
29.	577	Sarah-Jane Desilva	1st	F35-39	1st		41:48	42:03
30.	262	Declan Johnson	29th	M Sen	18th		42:25	42:33
31.	379	Riccardo PENSA	30th	M50-54	3rd	SHROPSHIRE SHUFFLERS	42:29	42:33
32.	507	Damien Waters	31st	M Sen	19th		43:02	43:07
33.	565	Richard Breakwell	32nd	M Sen	20th	Phoenix Road Runners	43:00	43:10
34.	178	Callum France	33rd	M Sen	21st		43:07	43:12
35.	506	Frederick-Charles	34th	M Sen	22nd		43:04	43:14
36.	314	Jonathan Mahoney	35th	M Sen	23rd		43:19	43:26
37.	120	Rachel Coupe	2nd	F50-54	1st	Telford Athletic Club	43:30	43:33
38.	234	John Higgins	36th	M55-59	4th		43:35	43:40
39.	572	Mark Williams	37th	M Sen	24th	Staffordshire	43:45	43:51
40.	539	Richard Williams	38th	M40-44	5th		43:45	43:51
41.	148	Dave Eastelow	39th	M Sen	25th		43:40	43:53
42.	123	Mathew Cox	40th	M Sen	26th	TELFORD AC	43:44	43:56
43.	547	Steven Woodcock	41st	M Sen	27th		43:26	44:01
44.	523	Sam White	42nd	M Sen	28th		43:56	44:03
45.	452	Richard Smith	43rd	M Sen	29th	Lawley Running Club	44:12	44:16
46.	224	Tom Harty	44th	M Sen	30th		44:21	44:24
47.	353	Samantha Nagy	3rd	F Sen	1st		44:21	44:27
48.	487	Megan Tibbetts	4th	F Sen	2nd	Lawley Running Club	44:26	44:31
49.	17	Mark Ardin	45th	M60-64	1st		44:46	44:56
50.	102	Adrian COCKAYNE	46th	M45-49	3rd		45:05	45:13
51.	5	Matt Alexander	47th	M Sen	31st		45:09	45:18

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
52.	263	Peter Johnson	48th	M65-69	1st	Mercia Fell Runners	45:17	45:24
53.	282	Ben King	49th	M Sen	32nd		45:11	45:37
54.	328	Thomas McLeod	50th	M Sen	33rd		45:35	45:46
55.	184	Robert French	51st	M Sen	34th		45:38	45:49
56.	654	Ian Simmonds	52nd	M50-54	4th	Telford Harriers	45:42	45:55
57.	382	Christina	5th	F40-44	1st	Stroud and District Athletics Club	46:00	46:05
58.	628	Connor Hayward	53rd	M Sen	35th	Essington Harriers	46:01	46:08
59.	195	Abbie Gough	6th	F Sen	3rd		46:00	46:11
60.	71	Sam Westcott	54th	M Sen	36th		46:07	46:16
61.	348	Dominic Moseley	55th	M Sen	37th		46:10	46:18
62.	249	Isabella Huckin	7th	F Sen	4th	Telford athletics	46:17	46:26
63.	510	Paul Watkinson	56th	M50-54	5th		46:17	46:27
64.	426	David Round	57th	M40-44	6th	The Yellow Army	46:28	46:33
65.	162	David Evans	58th	M50-54	6th		46:34	46:38
66.	323	Jodie McCaughan	8th	F Sen	5th		46:34	46:40
67.	207	Eliana Hall	9th	F Sen	6th		46:34	46:45
68.	608	Steven Crook	59th	M50-54	7th		46:49	46:54
69.	559	Graham Young	60th	M40-44	7th	Wrekin Road Runners	46:48	47:01
70.	385	David Plimmer	61st	M50-54	8th		46:52	47:06
71.	631	Karl Jukes	62nd	M Sen	38th	Lonely Goat	46:50	47:09
72.	583	Garry Avery	63rd	M50-54	9th		47:06	47:10
73.	626	Rob Handy	64th	M55-59	5th		47:06	47:13
74.	384	Allan Pitchford	65th	M Sen	39th	Lawley running club	47:04	47:15
75.	47	Sebastian Bialys	66th	M Sen	40th	Shufflers	47:05	47:16
76.	109	Simon Colyer	67th	M45-49	4th	Lawley Running Club	47:07	47:16
77.	151	Luke Dicken	68th	M Sen	41st	Lawley	47:08	47:18
78.	313	Darren Macleod	69th	M45-49	5th		47:12	47:22
79.	211	Martin HALL	70th	M50-54	10th		47:10	47:32
80.	579	Emma Chadwick	10th	F Sen	7th	Lawley Running Club	47:22	47:33
81.	636	Helen Lewis	11th	F40-44	2nd		47:38	47:38
82.	2	Anthony Ainsworth	71st	M50-54	11th	Hartshill Runners	47:30	47:42
83.	549	Chris Woodhouse	72nd	M50-54	12th		47:16	47:48
84.	603	Kevin Bickerton	73rd	M Sen	42nd		47:39	47:51
85.	388	Richard Poole	74th	M45-49	6th	Sneyd striders	47:46	47:54
86.	425	Craig Round	75th	M Sen	43rd		47:42	47:57
87.	606	Paul Candlin	76th	M50-54	13th		47:49	48:00
88.	630	Chantel Jones	12th	F Sen	8th		48:02	48:17
89.	569	Koosha Rezaei	77th	M Sen	44th		48:11	48:21
90.	604	Sammy Blake	78th	M Sen	45th		48:17	48:22
91.	574	Nick Turner	79th	M Sen	46th		48:22	48:33
92.	429	Craig Rushton	80th	M45-49	7th		48:16	48:33
93.	349	Gary Mountford	81st	M55-59	6th	Newport and District Running Club	48:21	48:36
94.	473	Harry Taylor	82nd	M Sen	47th		48:19	48:37
95.	644	David O'loughlin	83rd	M70-74	1st	Telford Harriers	48:32	48:42
96.	380	Jon PHILLIPS	84th	M50-54	14th		48:36	48:45
97.	92	Steve CHISLETT	85th	M50-54	15th		48:45	48:56
98.	455	Sheridan Smyth	86th	M50-54	16th		48:40	49:02
99.	646	Sean Parkes	87th	M Sen	48th		49:24	49:30
100.	448	Kenneth Smith	88th	M40-44	8th		49:10	49:34
101.	181	George Freeman	89th	M Sen	49th		49:35	49:35
102.	290	Nick Lee-Wilson	90th	M45-49	8th		49:25	49:38

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
103.	223	Laura Hart	13th	F35-39	2nd		49:05	49:39
104.	610	Jake Davies	91st	M Sen	50th		49:18	49:39
105.	383	Robert Piotrowski	92nd	M Sen	51st		49:32	49:40
106.	14	Jake Andrew	93rd	M Sen	52nd		49:30	49:42
107.	660	Paul Ruscoe	94th	M50-54	17th	Telford Harriers	49:35	49:47
108.	59	Matt Bourne	95th	M Sen	53rd		49:39	49:57
109.	587	Luke Bates	96th		1st		49:45	49:59
110.	433	Dale Sandle	97th	M40-44	9th		49:47	50:00
111.	303	Russell Lomas	98th	M45-49	9th	BADGERS	49:48	50:10
112.	535	Lewis Williams	99th	M Sen	54th		50:01	50:17
113.	440	David Shorter	100th	M Sen	55th		50:10	50:25
114.	355	Jones Nick	101st	M Sen	56th		50:08	50:30
115.	258	Barry james	102nd	M45-49	10th		50:19	50:33
116.	230	Ian Hayles	103rd	M50-54	18th	Hartshill Runners	50:23	50:35
117.	463	Stephen Stoddart	104th	M40-44	10th	Hartshill runners	50:06	50:36
118.	114	Colin Cooper	105th	M50-54	19th		50:33	50:39
119.	548	Richard Woodfield	106th	M65-69	2nd		50:32	50:45
120.	50	Martyn Bidgood	107th	M65-69	3rd	Wrekin Road Runners	50:34	50:49
121.	293	Kristian Leneveu	108th	M40-44	11th		50:16	50:54
122.	520	Steven Whitaker	109th	M50-54	20th	Shropshire Shufflers	50:51	51:09
123.	217	Lee Harding	110th	M45-49	11th		51:14	51:23
124.	267	Andrea Jones	14th	F45-49	1st	The Running Community	51:14	51:25
125.	157	Amanda Ellis	15th	F45-49	2nd	Wrekin Road Runners	51:10	51:29
126.	581	Peter Rees	111th	M45-49	12th		51:04	51:30
127.	489	Charlotte Todd-Smith	16th	F40-44	3rd	Telford Harriers	51:20	51:31
128.	497	Connor Vaughan	112th	M Sen	57th		51:08	51:32
129.	236	Simon Hobson	113th	M45-49	13th		51:12	51:35
130.	533	Keith Williams	114th	M60-64	2nd		51:22	51:36
131.	183	Paul Freeman	115th	M40-44	12th		51:35	51:38
132.	575	Madhu Veerappan	116th	M45-49	14th	Telford Harriers	51:22	51:41
133.	605	Adam Blundell	117th	M Sen	58th	Telford Harriers	51:34	51:47
134.	226	Darren Hassall	118th	M40-44	13th	Donnington runners	51:46	51:51
135.	356	Keith Nightingale	119th	M55-59	7th	TELFORD HARRIERS	51:47	52:01
136.	573	Stephanie Mincher	17th	F45-49	3rd		51:58	52:06
137.	420	Helen Roberts	18th	F35-39	3rd		51:45	52:06
138.	285	Simon King	120th	M Sen	59th		51:39	52:08
139.	414	Dave Reynolds	121st	M40-44	14th		51:56	52:13
140.	465	Andrew Stone	122nd	M Sen	60th		51:48	52:17
141.	650	Mark Rogers	123rd	M50-54	21st	Telford Harriers	52:06	52:22
142.	179	Paul France	124th	M55-59	8th	Lawley Running Club	52:17	52:28
143.	397	Margaret Pritchard	19th	F60-64	1st	Vegan Runners	52:07	52:29
144.	647	Kyle Perry	125th	M Sen	61st		52:28	52:35
145.	478	Tim Taylor	126th	M Sen	62nd		52:25	52:46
146.	134	David Davies	127th	M45-49	15th		52:44	53:01
147.	247	Rob Howell	128th	M Sen	63rd		52:41	53:01
148.	515	Peter Welch	129th	M70-74	2nd		53:10	53:10
149.	652	Nathan Siebritz	130th	M Sen	64th		53:05	53:21
150.	387	Miz Pol	131st	M50-54	22nd		52:38	53:24
151.	53	Victoria Birch	20th	F Sen	9th	Whitchurch Whippets	53:06	53:38
152.	165	Wendy Evans	21st	F55-59	1st		53:29	53:39
153.	557	Becky Wynn	22nd	F40-44	4th		53:14	53:43

# Telford & Wrekin 10k

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
154.	97	Sean Clarke	132nd	M55-59	9th		53:33	53:45
155.	504	Daniel Walton	133rd	M45-49	16th		53:52	53:52
156.	441	Graham Shorter	134th	M65-69	4th	Arena 80	53:39	53:54
157.	512	Michael Webb	135th	M45-49	17th	TELFORD HARRIERS	53:48	54:00
158.	563	Charlotte Rutherford	23rd	F Sen	10th	Telford Harriers	53:46	54:02
159.	609	Brad Davies	136th	M Sen	65th		53:43	54:03
160.	500	Luke Wadhams	137th	M Sen	66th		54:09	54:19
161.	48	Phil Bibby	138th	M65-69	5th	Wrekin Orienteers	54:15	54:22
162.	255	Nigel Imeson	139th	M55-59	10th		54:16	54:25
163.	277	Fleur Joyce	24th	F60-64	2nd		53:57	54:26
164.	265	Alison Jones	25th	F45-49	4th	Lonely Goat RC	54:16	54:29
165.	336	Neil Talmage	140th	M Sen	67th	Wrekin road runners	54:27	54:39
166.	460	Michael Starkey	141st	M55-59	11th	Whitchurch whippets	54:21	54:44
167.	624	Mark Handley	142nd	M45-49	18th	Telford Harriers	54:33	54:48
168.	264	Sarah Johnson	26th	F35-39	4th		54:28	54:49
169.	428	Samantha Rushby	27th	F50-54	2nd	Telford Harriers	54:41	54:53
170.	260	Nicola Jennings	28th	F40-44	5th	Lawley	54:42	54:53
171.	279	Laura Kelly	29th	F Sen	11th		54:43	54:57
172.	286	Chris Knowles	143rd	M Sen	68th		54:41	54:58
173.	304	Kate Loosley	30th	F Sen	12th		54:42	55:02
174.	169	Calogero Farruggio	144th	M50-54	23rd		54:56	55:10
175.	345	Debbi Morris	31st	F40-44	6th		55:11	55:11
176.	657	Iain Tuft	145th	M Sen	69th		54:37	55:11
177.	645	Kerri Oreilly	32nd	F Sen	13th		54:59	55:13
178.	637	Peter Luisada	146th	M Sen	70th	lwx fitness & performance	55:00	55:13
179.	527	Jamie Wilkinson	147th	M45-49	19th		55:11	55:17
180.	159	Charlotte Evans	33rd	F Sen	14th		55:03	55:18
181.	462	Beverly Stoddart	34th	F50-54	3rd		55:07	55:32
182.	167	Becky Farmer	35th	F40-44	7th		55:25	55:38
183.	56	Sam Bloor	148th	M Sen	71st		55:14	55:39
184.	127	Siobhan Hughes	36th	F Sen	15th		55:34	55:43
185.	25	Anthony Ashcroft	149th	M Sen	72nd		55:14	55:43
186.	586	Amey Woodhall	37th		1st		55:31	55:45
187.	89	Richard Chester	150th	M40-44	15th		55:39	55:57
188.	389	David Porton	151st	M Sen	73rd		55:49	56:03
189.	371	Peter Parker-Jones	152nd	M Sen	74th		55:56	56:05
190.	193	Simon Gladwin	153rd	M45-49	20th		55:49	56:06
191.	528	Niki Wilkinson	38th	F35-39	5th	SHROPSHIRE SHUFFLERS	55:53	56:06
192.	471	Jessica Mackenzie	39th	F Sen	16th		55:54	56:11
193.	108	Dawn Colyer	40th	F40-44	8th	Lawley Running Club	56:06	56:14
194.	555	Robert Wright	154th	M40-44	16th		55:59	56:20
195.	474	James Taylor	155th	M Sen	75th		56:00	56:20
196.	8	Helena Alford	41st	F40-44	9th		56:12	56:23
197.	665	Anthony May	156th	M40-44	17th		56:06	56:25
198.	13	Shaun Anderson	157th	M40-44	18th		56:07	56:34
199.	75	Richard Caddick	158th	M45-49	21st		56:07	56:34
200.	638	Kelly Mackay	42nd	F40-44	10th	Telford harriers	56:21	56:35
201.	305	Tracy Lote	43rd	F45-49	5th		56:08	56:36
202.	430	Martin Sadler	159th	M50-54	24th		56:26	56:37
203.	259	Ian James	160th	M40-44	19th		56:24	56:43
204.	310	Emma Lyle	44th	F40-44	11th		56:24	56:44

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
205.	627	Timothy Hassall	161st	M Sen	76th		56:26	56:48
206.	242	Paul Houlding	162nd	M55-59	12th		56:03	56:52
207.	288	James Large	163rd	M60-64	3rd	N/A	56:34	56:54
208.	216	Ian Hammond	164th	M55-59	13th		56:26	56:57
209.	283	Charlotte King	45th	F Sen	17th		56:35	56:59
210.	456	Juliet Soria	46th	F65-69	1st		56:39	57:08
211.	98	Victoria Clegg	47th	F40-44	12th		56:48	57:12
212.	202	Beckie Griffiths	48th	F Sen	18th	Broseley Joggers	56:59	57:21
213.	251	Vicki HULME	49th	F45-49	6th		56:57	57:22
214.	27	Naomi Ashmore	50th	F35-39	6th	Telford Harriers	56:59	57:32
215.	154	Si Edwards	165th	M45-49	22nd		56:59	57:32
216.	24	Kayleigh Arthur	51st	F Sen	19th		57:20	57:37
217.	643	Darren Nutting	166th	M50-54	25th		57:23	57:38
218.	612	Imogen D'souza	52nd	F Sen	20th		57:19	57:38
219.	79	Derek Carlin	167th	M50-54	26th		57:13	57:45
220.	240	Edward Horton	168th	M40-44	20th		57:18	57:45
221.	576	Warren Smith	169th	M45-49	23rd	Wrekin road runners	57:28	57:47
222.	564	Robert Mills	170th	M Sen	77th	Lawley running club	57:22	57:51
223.	543	Martin Wixon	171st	M55-59	14th		57:36	57:56
224.	155	Mike Ellingham	172nd	M50-54	27th		57:45	57:56
225.	419	Corben Roberts	173rd	M Sen	78th		57:39	57:57
226.	550	Natalie Woodhouse	53rd	F40-44	13th		57:29	58:00
227.	653	Maria Simmonds	54th	F50-54	4th	Telford Harriers	57:47	58:02
228.	395	Melissa Price	55th	F Sen	21st		57:39	58:06
229.	392	Sam Powell	174th	M Sen	79th		58:09	58:09
230.	42	Mark Bate-Durward	175th	M45-49	24th		57:57	58:10
231.	582	Aled Rees	176th	M Sen	80th		57:45	58:14
232.	168	Liz Farrow	56th	F45-49	7th		57:47	58:19
233.	57	Jonny Blount	177th	M Sen	81st		58:02	58:19
234.	289	Mike Lear	178th	M60-64	4th	Telford Harriers	58:07	58:27
235.	536	Mark Williams	179th	M50-54	28th	Telford Harriers	58:18	58:34
236.	15	Julie Andrew	57th	F55-59	2nd		58:16	58:35
237.	655	Maddie Smith	58th	F Sen	22nd		58:01	58:36
238.	656	Vicki Smith	59th	F50-54	5th		58:02	58:37
239.	38	David William Barnes	180th	M Sen	82nd	Wrekin Road Runners	58:08	58:38
240.	248	Sally Howse	60th	F Sen	23rd		58:14	58:45
241.	534	Keri Williams	61st	F45-49	8th		58:30	58:51
242.	213	Tracy Hamer	62nd	F45-49	9th		58:19	58:53
243.	145	Lydia Dulson	63rd	F35-39	7th		58:36	59:02
244.	309	Craig Lutner	181st	M Sen	83rd		58:24	59:08
245.	253	Lee Bowden	182nd	M45-49	25th	Broseley Joggers	58:48	59:10
246.	491	Amy Turner	64th	F Sen	24th		59:01	59:18
247.	19	Alex Armitage	183rd	M Sen	84th		59:05	59:20
248.	417	Alexander Richardson	184th	M Sen	85th		58:52	59:25
249.	170	Renata Fejfer	65th	F40-44	14th	Shrewsbury Renegades Runners	58:52	59:31
250.	516	Chris WESTON	185th	M Sen	86th		59:13	59:38
251.	65	Helen Breckon	66th	F50-54	6th	Hartshill Runners	59:19	59:47
252.	571	Rachel Slawson	67th	F35-39	8th		59:32	59:47
253.	411	Anthony Reeves	186th	M45-49	26th	Lawley Running Club	59:32	59:49
254.	70	Jen Brotherton	68th	F35-39	9th		59:16	59:50
255.	570	Lisa Dale	69th	F45-49	10th	Whitchurch whippets	59:26	59:50

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Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
256.	158	Kate Ellis	70th	F Sen	25th		59:22	59:53
257.	458	Richard Spraggett	187th	M45-49	27th		59:23	59:55
258.	408	Lisa Rees	71st	F45-49	11th		59:23	1:00:01
259.	649	Claire Rogers	72nd	F50-54	7th	Telford Harriers	59:46	1:00:01
260.	104	Brendan Coles	188th	M45-49	28th	Lonely Goat	1:00:01	1:00:24
261.	390	Megan Potts	73rd	F Sen	26th		1:00:34	1:00:43
262.	621	Christina Gray	74th	F45-49	12th	Wrekin Road Runners	1:00:41	1:00:48
263.	447	Darrin Smith	189th	M55-59	15th	Lonely Goat	1:00:23	1:00:50
264.	18	Roger Arkinstall	190th	M45-49	29th		1:00:20	1:00:50
265.	115	Kate Cooper	75th	F35-39	10th	SHROPSHIRE SHUFFLERS	1:00:31	1:00:51
266.	257	Joanne Jackson	76th	F40-44	15th		1:00:21	1:00:52
267.	480	Dave Thomas	191st	M50-54	29th		1:00:39	1:00:58
268.	434	Mark Sawbridge	192nd	M55-59	16th		1:00:55	1:01:23
269.	54	Tony Bishop	193rd	M45-49	30th		1:00:51	1:01:26
270.	163	Louis Evans	194th	M55-59	17th	Lonely Goat	1:01:04	1:01:26
271.	311	Vicki Lythall	77th	F Sen	27th		1:01:21	1:01:29
272.	180	Jemma Francis	78th	F Sen	28th		1:01:23	1:01:31
273.	601	Laraine Adams	79th	F40-44	16th		1:00:48	1:01:31
274.	658	Toby Varley	195th	M50-54	30th		1:00:48	1:01:31
275.	298	Tarrah Lewis	80th	F Sen	29th		1:01:14	1:01:32
276.	618	Elysia Gapper	81st	F40-44	17th		1:01:11	1:01:37
277.	617	Lucy Gapper	82nd	F Sen	30th	Telford AC	1:01:28	1:01:37
278.	584	Lisa Rogers	83rd		2nd		1:01:25	1:01:50
279.	475	Sarah Taylor	84th	F45-49	13th		1:01:47	1:02:11
280.	642	Natalie New	85th	F Sen	31st		1:01:55	1:02:22
281.	641	Nicola New	86th	F35-39	11th		1:01:56	1:02:22
282.	6	Michelle Alexander	87th	F40-44	18th		1:01:59	1:02:23
283.	662	Gwenneth Wylie	88th	F45-49	14th		1:01:49	1:02:26
284.	291	Kev Leese	196th	M60-64	5th		1:02:21	1:02:30
285.	187	Kieran Gale	197th	M Sen	87th		1:02:07	1:02:32
286.	128	Michelle Crutchley	89th	F40-44	19th	Hartshill Runners	1:02:15	1:02:33
287.	381	Jason Pickin	198th	M50-54	31st		1:02:08	1:02:36
288.	461	Jennifer Stiles	90th	F40-44	20th	Whitchurch Whippets	1:02:26	1:02:50
289.	200	James Gresty	199th	M45-49	31st	Whitchurch whippets	1:02:28	1:02:50
290.	143	Barry Doyle	200th	M50-54	32nd		1:02:22	1:02:52
291.	215	Jessica Hamlett	91st	F Sen	32nd		1:02:23	1:02:53
292.	664	Darren Fawke	201st	M45-49	32nd	Lawley Running Club	1:02:40	1:03:04
293.	488	Natalie TIPTON	92nd	F Sen	33rd		1:02:36	1:03:10
294.	470	Jackie TANNER	93rd	F55-59	3rd		1:02:47	1:03:21
295.	445	David Slater	202nd	M40-44	21st		1:02:50	1:03:30
296.	632	Julie Kaur	94th	F45-49	15th	wrekin road runners	1:03:39	1:04:05
297.	250	Robert Hughes	203rd	M55-59	18th		1:03:52	1:04:11
298.	486	Vicky Thompson	95th	F40-44	21st		1:03:53	1:04:16
299.	34	David Ballinger	204th	M55-59	19th	Hartshill Runners	1:03:47	1:04:19
300.	81	Zoe Carlin	96th	F50-54	8th		1:04:00	1:04:33
301.	80	Niamh Carlin	97th	F Sen	34th		1:04:08	1:04:40
302.	219	Tegan Harper	98th	F Sen	35th		1:04:23	1:04:46
303.	94	James Clarke	205th	M Sen	88th	Lonely Goat RC	1:04:24	1:04:54
304.	611	Paul Dsouza	206th	M50-54	33rd		1:04:39	1:04:58
305.	560	John Young	207th	M55-59	20th		1:04:32	1:05:09
306.	476	STEPHEN TAYLOR	208th	M50-54	34th		1:04:36	1:05:16

# Telford & Wrekin 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
307.	206	Demelza Hall	99th	F Sen	36th		1:05:00	1:05:21
308.	399	Sukie Pritchard	100th	F40-44	22nd		1:04:51	1:05:22
309.	12	Gemma Anderson	101st	F40-44	23rd		1:04:51	1:05:22
310.	164	Seren Evans	102nd	F Sen	37th	Telford Athletics Club	1:05:15	1:05:25
311.	668	Lance Evans	209th		2nd		1:05:19	1:05:36
312.	669	Craig Hartland	210th		3rd		1:05:19	1:05:36
313.	413	Stephen Reynard	211th	M55-59	21st		1:05:05	1:05:38
314.	436	Cerys Schumeyko	103rd	F Sen	38th		1:05:09	1:05:48
315.	140	Andrea DODWELL	104th	F50-54	9th		1:05:25	1:05:57
316.	670	Martin Richardson	212th		4th		1:05:52	1:06:07
317.	667	Kirtsy Garrett	105th		3rd		1:05:51	1:06:07
318.	439	Helen Shaw	106th	F45-49	16th		1:05:30	1:06:09
319.	405	Peter RAWLINGS	213th	M75-79	1st		1:05:32	1:06:09
320.	364	Charlotte Offland	107th	F Sen	39th		1:05:43	1:06:11
321.	156	Allison Ellis	108th	F55-59	4th		1:05:42	1:06:14
322.	561	Rebecca Young	109th	F40-44	24th		1:05:39	1:06:19
323.	149	Christopher Ebrey	214th	M Sen	89th		1:05:57	1:06:20
324.	398	Matt Pritchard	215th	M Sen	90th		1:06:10	1:06:33
325.	616	Heather Ford	110th	F35-39	12th		1:06:12	1:06:33
326.	320	Stefan Matecki	216th	M65-69	6th		1:06:41	1:06:52
327.	227	Debbie Hatfield	111th	F55-59	5th		1:06:44	1:07:08
328.	431	Surjit Sahota	217th	M55-59	22nd		1:07:00	1:07:33
329.	256	Stacey Norwood	112th	F40-44	25th	Lawley Running Club	1:07:15	1:07:36
330.	370	Avril PARKER-JONES	113th	F Sen	40th		1:07:23	1:07:41
331.	623	Philip Griffin	218th	M65-69	7th		1:07:35	1:07:48
332.	509	Nigel Watkinson	219th	M50-54	35th		1:07:48	1:07:48
333.	67	Sharon Broad	114th	F45-49	17th		1:07:41	1:08:04
334.	77	Susan Callan	115th	F50-54	10th		1:07:40	1:08:04
335.	502	Georgie Walker	116th	F45-49	18th	Run mummy Run	1:07:36	1:08:05
336.	521	Hayley White	117th	F35-39	13th		1:07:39	1:08:19
337.	659	Medina Watkinson	118th	F45-49	19th		1:08:08	1:08:33
338.	499	Anna Vrahimi	119th	F40-44	26th		1:08:00	1:08:35
339.	93	Craig Chittem	220th	M40-44	22nd	TTC	1:08:15	1:08:44
340.	296	Emily Lewis	120th	F Sen	41st		1:08:33	1:09:14
341.	329	Fiona McMullan	121st	F35-39	14th	Lawley Running Club	1:09:17	1:09:30
342.	406	Fay Rayward	122nd	F40-44	27th		1:09:17	1:09:30
343.	538	Michele Williams	123rd	F50-54	11th		1:09:33	1:09:33
344.	212	Vicky Hall	124th	F40-44	28th	SHROPSHIRE SHUFFLERS	1:09:10	1:09:46
345.	588	Emily Taylor	125th	F35-39	15th		1:09:26	1:09:58
346.	198	Clare Gregory	126th	F45-49	20th	Shifnal Striders	1:10:06	1:10:23
347.	39	Janet Barnes	127th	F55-59	6th		1:10:16	1:10:41
348.	450	Nic Smith	128th	F35-39	16th	Lawley running club	1:10:23	1:10:46
349.	362	Debra O'Kelly	129th	F35-39	17th		1:10:24	1:10:46
350.	245	Rob Housley	221st	M45-49	33rd		1:10:09	1:10:50
351.	244	Julia Housley	130th	F40-44	29th		1:10:09	1:10:51
352.	394	Hannah Preece	131st	F35-39	18th		1:10:21	1:10:58
353.	375	Barbara Pearce	132nd	F55-59	7th		1:10:37	1:11:04
354.	76	Lucy Caldicott	133rd	F Sen	42nd		1:10:49	1:11:06
355.	376	Adam Pearson	222nd	M45-49	34th		1:11:11	1:11:18
356.	295	Emily Lewis	134th	F35-39	19th		1:11:42	1:12:16
357.	661	Eoin Wylie	223rd	M55-59	23rd		1:11:57	1:12:28

## Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	Club	Chip	Time
358.	338	Angela Moloney	135th	F55-59	8th	Lawley Running Club	1:12:23	1:12:45
359.	103	Angela Coles	136th	F45-49	21st	Badass Mother Runners	1:12:26	1:12:53
360.	567	Fiona Hutton	137th	F45-49	22nd	Badgers	1:12:27	1:13:04
361.	412	Fiona Reidy	138th	F55-59	9th	Badgers	1:12:27	1:13:04
362.	317	Peter Mann	224th	M60-64	6th	Badgers	1:12:27	1:13:05
363.	366	Victoria Oxtoby	139th	F Sen	43rd	NA	1:13:14	1:13:23
364.	220	Wendy Harper	140th	F50-54	12th	Lawley	1:13:01	1:13:29
365.	254	Allison Hunt	141st	F60-64	3rd	Buckley Running Club	1:13:06	1:13:34
366.	82	Neil Carney	225th	M55-59	24th		1:13:14	1:13:46
367.	402	Katie Proctor	142nd	F40-44	30th		1:13:46	1:14:19
368.	393	Gareth powis	226th	M45-49	35th	Wrekin Road runners	1:13:52	1:14:30
369.	505	Becky Warner	143rd	F40-44	31st		1:14:24	1:14:57
370.	49	Andrea Bickham	144th	F40-44	32nd		1:15:19	1:15:42
371.	377	Emma Dickenson	145th	F45-49	23rd		1:15:21	1:15:44
372.	287	Tom Langford	227th	M Sen	91st		1:16:09	1:16:24
373.	639	Richard Mooney	228th	M55-59	25th		1:16:01	1:16:36
374.	492	Kayleigh Turner	146th	F Sen	44th		1:16:16	1:16:54
375.	186	David Gale	229th	M40-44	23rd		1:16:44	1:17:01
376.	300	Sarah Lincoln	147th	F50-54	13th	Lawley Running Club	1:17:07	1:17:30
377.	326	Kieran Mcgrane	230th	M55-59	26th		1:17:19	1:17:37
378.	131	Stephanie Darlington	148th	F Sen	45th	None	1:17:32	1:18:00
379.	147	Carol Spraggett	149th	F45-49	24th		1:18:29	1:19:05
380.	651	Kerry Rogers	150th	F50-54	14th	Brojos	1:20:40	1:21:16
381.	530	Chris Williams	231st	M40-44	24th		1:21:30	1:22:05
382.	532	Emily WILLIAMS	151st	F35-39	20th		1:21:30	1:22:05
383.	432	Annette Sandel	152nd	F60-64	4th	Lawley running club	1:23:46	1:24:16
384.	391	Kerry-Anne Powell	153rd	F Sen	46th		1:23:50	1:24:26
385.	189	Sarah Pearce	154th	F45-49	25th		1:23:57	1:24:32
386.	331	Shelly Meredith	155th	F35-39	21st	Lonely Goat RC	1:24:12	1:24:52
387.	648	Kay Price	156th	F45-49	26th	Shrewsbury Road Runners	1:25:46	1:25:57
388.	663	Sarah Bishop	157th	F35-39	22nd		1:27:59	1:28:34
389.	3	Susanne Aldrian	158th	F50-54	15th		1:27:53	1:28:34
390.	443	Gareth Simmill	232nd	M45-49	36th		1:28:04	1:28:38
391.	325	Claudette McGann	159th	F60-64	5th		1:27:57	1:28:38
392.	218	Rosanna Harding	160th	F Sen	47th		1:28:48	1:29:26
393.	453	Susan Smith	161st	F50-54	16th	BROSELEY	1:30:22	1:30:59
394.	416	Shannon Richards	162nd	F Sen	48th	Broseley joggers	1:30:53	1:31:30
395.	221	Mia Harrington	163rd	F50-54	17th	Broseley Joggers	1:30:55	1:31:31
396.	344	Susan Morgan	164th	F50-54	18th		1:38:19	1:38:59
397.	95	Jayne Clarke	165th	F50-54	19th		1:49:44	1:50:22
398.	96	Katie Clarke	166th	F Sen	49th		1:49:44	1:50:24

Number of records: 398