## **Overall Results**

Pos	Name	M/F	AG	AG Pos	Club	Time
<b>Tinsel</b>	Trot 10k					
1.	Paul Hancock	1st	M50	1st	South Cheshire Harriers	36:32
2.	Stephen Morgan	2nd	M40	1st	Chase Harriers	38:18
3.	Dominique Searle	1st	F40	1st		40:47
4.	Gareth Copley-Jones	3rd	M40	2nd	Silverdale RC	41:44
5.	Amanda Kelly	2nd	F Sen	1st	Stoke FIT	42:31
6.	Shawn Mills	4th	M Sen	1st	Stafford Harriers	43:06
7.	Thomas Greenwood	5th	M Sen	2nd		44:24
8.	Antonio Treglia	6th	M Sen	3rd	Stafford Harriers	44:43
9.	Andrew Clinton	7th	M50	2nd	NSRRA	49:32
10.	Barry Smith	8th	M50	3rd	Trentham RC	49:44
11.	Lucy Gleave	3rd	F Sen	2nd	Running Bear RC	51:24
12.	lan Hodkinson	9th	M45	1st	Stafford Harriers	52:11
13.	James Tutton	10th	M Sen	4th	Stoke FIT	52:33
14.	Melonie Deakin	4th	F50	1st	Stafford Harriers	53:43
15.	Angela Morton	5th	F55	1st	Stoke FIT	54:02
16.	Aleksandr Nimenko	11th	M Sen	5th		54:03
17.	Nigel Lee	12th	M65	1st	Newcastle (Staffs) AC	54:34
18.	Emma Greenwood	6th	F Sen	3rd		57:35
19.	Lisa Goodwin	7th	F50	2nd	Vegan Runners	57:40
20.	Anthea Kenyon	8th	F45	1st	-	58:16
21.	Pat Bentley	9th	F70	1st	Staffs Moorlands AC	58:30
22.	Hannah Arnold	10th	F40	2nd		58:54
23.	Kat Arnold	11th	F40	3rd	South Cheshire Harriers	58:55
24.	Nick Longmore	13th	M Sen	6th		59:16
25.	Slav The Boss Man	14th	M40	3rd	One Step Closer	59:56
26.	Rachel Hughes	12th	F35	1st	·	1:00:00
27.	Julie Knall	13th	F55	2nd	Silverdale RC	1:01:21
28.	Helen Birch-Machin	14th	F50	3rd		1:01:36
29.	Angela Luznyj	15th	F40	4th		1:02:12
30.	Julie Dudley	16th	F60	1st	Cheadle RC	1:03:36
31.	Mat Gibbs	15th	M40	4th	One Step Closer	1:05:02
32.	Natalie Smith	17th	F40	5th	Rising Brook Runners	1:06:00
33.	Graham Williams	16th	M75+	1st	Stafford Harriers	1:06:11
34.	Julie Nokes	18th	F60	2nd	Stafford Harriers	1:07:29
35.	Joanne Darlington	19th	F50	4th		1:07:57
36.	Robert Kenyon	17th	M45	2nd		1:08:26
37.	Genevieve Barnett	20th	F45	2nd	Trentham RC	1:08:39
38.	Mark Flemming	18th	M45	3rd		1:08:42
39.	David Hebb	19th	M60	1st	NSRRA	1:09:11
40.	Lesley Jones	21st	F50	5th		1:09:51
41.	Helen McKiernan	22nd	F55	3rd		1:11:20
42.	Carol Astbury	23rd	F55	4th	Uttoxeter RR	1:13:21
43.	Micheline Tremblay	24th	F55	5th	South Cheshire Harriers	1:13:27
44.	Cheryl Pickston	25th	F45	3rd	South Cheshire Harriers	1:13:27
45.	Dawn Whalley	26th	F50	6th		1:13:27
46.	Andrew Looms	20th	M50	4th	Newcastle Tri Club	1:14:04
47.	Sousxie Slater	27th	F55	6th	Runningbear	1:15:32
48.	Sarah Hooper	28th	F35	2nd		1:18:12
49.	Lesley Jane Hughes	29th	F60	3rd		1:19:00
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## **Overall Results**

Pos	Name	M/F	AG	AG Pos	Club	Time
<b>50</b> .	Juliet Carter	30th	F50	7th	South Cheshire Harriers	1:20:26
51.	Lorraine Cowan	31st	F60	4th	South Cheshire Harriers	1:20:26
52.	Celia Maddock	32nd	F65	1st	Trentham RC	1:23:52
53.	Colin Pheasant	21st	M65	2nd	Chase Harriers	1:24:08
54.	Daniel Maddock	22nd	M40	5th	Trentham RC	1:24:58
55.	Hazel Barlow	33rd	F55	7th	Michelin AC	1:28:32
56.	Annette Walchester	34th	F55	8th	Michelin AC	1:28:32
57.	Marie Burt	35th	F60	5th	Chase Harriers	1:35:35
<b>58.</b>	Jan Starling	36th	F55	9th		1:49:30
Tinse	l Trot 5k					
1.	Ross Connor	1st	M Sen	1st	City of Stoke AC	15:37
2.	Craig Taylor	2nd	M Sen	2nd	Newcastle (Staffs) AC	16:15
3.	Jack Tetley	3rd	M Sen	3rd		16:24
4.	Patience Lamb	1st	F14	1st	City of Stoke AC	18:17
5.	Jenny Dalkins	2nd	F45	1st	Cheadle RC	18:21
6.	Ben Bewley	4th	M Sen	4th	Newcastle (Staffs) AC	19:01
7.	Wendy Swift	3rd	F50	1st	Trentham RC	19:40
8.	Lisa Ho	4th	F35	1st	Trentham RC	20:08
9.	Emma Weston	5th	F45	2nd		20:16
10.	Dominique Searle	6th	F40	1st		20:24
11.	Marie Kennaway	7th	F40	2nd	Cheadle RC	20:41
12.	Carol Bird	8th	F55	1st	Congleton Harriers	21:03
13.	Ruth Watchorn-Rice	9th	F50	2nd	Cheadle RC	21:11
14.	Zoe Gmerek	10th	F45	3rd	Sale harriers	21:12
15.	Peter Harris	5th	M Sen	5th	South Cheshire Harriers	21:27
16.	David Nimmo	6th	M Sen	6th	South Cheshire Harriers	21:30
17.	Julie Hulbert	11th	F45	4th	Cheadle RC	21:38
18.	Carol Higgs	12th	F55	2nd	Trentham RC	21:46
19.	Jason Blount	7th	M40	1st	Silverdale RC	22:01
20.	Doug Alcock	8th	M65	1st	Trentham RC	22:29
21.	Mia Hearson	13th	F10	1st	Newcastle Tri Club	22:35
22.	Eleanor Bird	14th	F Sen	1st	None	22:51
23.	Nathan Walker	9th	M14	1st		23:54
24.	Francesca Jackson	15th	F12	1st	Newcastle Tri Club	24:38
25.	Harriet Hall	16th	F12	2nd	Newcastle Tri Club	24:45
26.	Jill Phillips	17th	F55	3rd	Trentham RC	24:53
27.	Harriet Chadwick	18th	F12	3rd	Newcastle Tri Club	25:58
28.	Judith Ho	19th	F65			27:21
29.	Mary Hewitt	20th	F60	1st	Garstang RC	27:31
30.	Keith Bell	10th	M45	1st	Audley Striders	28:14
31.	Michael Higgins	11th	M46	2nd	Tyne Bridge Harriers	28:58
32.	Elaine Statham	21st	F75+	1st	Congleton Harriers	29:15
33.	Corrina Hare	213t	F Sen	2nd	One Step Closer	29:24
34.	Slav The Boss Man	12th	M40	2nd 2nd	One Step Closer	29:24
35.	Gael Earp	23rd	F55	210	NSRRA	29:42
35. 36.	Simon Clarke	13th	M50	1st	Fetch Everyone	30:41
37.	Mike Hearson	14th	M40	3rd	Newcastle Tri Club	30:41
37.	Steve Kenny	14th 15th	M40	2nd	Stoke FIT	30:55
<u>38.</u> <u>39.</u>	Nicola Hearson	24th	F45	210 5th	Newcastle Tri Club	30:57 31:00
40.	Harvey Taylor	16th	M10	1st	Newcastle Tri Club	31:21

## **Overall Results**

Pos	Name	M/F	AG	AG Pos	Club	Time
41.	David Hollingworth	17th	M40	4th		31:44
42.	James Hollingworth	18th	M12	1st		31:44
43.	Anna Hollingworth	25th	F35	2nd		31:44
44.	Paula Francis	26th	F55	5th	One Step Closer	32:03
45.	Lyn Addison	27th	F50	3rd	One Step Closer	33:14
<b>46.</b>	Jen Brayford	28th	F40	3rd	Silverdale RC	33:28
47.	Luisa Mackey	29th	F50	4th	Audley Striders	33:38
48.	Colin Earp	19th	M70	1st	South Cheshire	35:06
49.	Hannah Clay	30th	F Sen	3rd		35:41
<b>50.</b>	Jemma Grinham	31st	F40	4th	Silverdale RC	35:56
51.	Lucy Bates	32nd	F Sen	4th	Silverdale RC	36:00
52.	Lauren Clarke	33rd	F Sen	5th	One Step Closer	36:12
53.	Melody Morris	34th	F45	6th	Potters Trotters	36:18
54.	William O'Connor	20th	M75+	1st	Queens Park Harriers	36:57
55.	Charles Gowers	21st	M65	3rd	Fylde coast running	37:09
<b>56.</b>	Tammy Drinkwater	35th	F35	3rd	One Step Closer	37:26
57.	Claire Hawkins	36th	F35	4th	One Step Closer	37:52
58.	Gina Rosenbrock	37th	F55	6th	Marple Runners	37:55
59.	Charli Weller	38th	F50	5th	Silverdale RC	38:53
60.	Carole Wilshaw	39th	F60	2nd		39:23
61.	Sharon Rowley	40th	F50	6th	Potters Trotters	39:48
62.	Jackie Mcgowan	41st	F50	7th	Potters Trotters	41:20
63.	Janet Brindley	42nd	F65	2nd		42:23
64.	Gina Benson	43rd	F50	8th		42:39
65.	Hollie Thomas	44th	F Sen	6th	Silverdale RC	43:27
66.	Suzanne Wilkinson	45th	F35	5th		44:04
67.	Lisa Kennedy	46th	F55	7th		44:06
68.	Shaz Whitfield	47th	F50	9th		44:33
<b>69.</b>	Stephanie Hollins	48th	F40	5th	Potters Trotters	46:17
70.	Anita Sproston	49th	F50	10th	Blythe Bridge RC	48:10
71.	Sue Rushton	50th	F65	3rd	Potters Trotters	52:19
72.	Emma Kavanagh	51st	F45	7th		59:01

Number of records: 130